

COLD DRINKS

FRAPPES

■ BLENDED DRINKS ■

16 OZ - \$4.50 | 20 OZ - \$4.95

WHITE CHOCOLATE PEPPERMINT
MILKY WAY FRAPPE
OREO COOKIE CRUMBLE
CARAMEL VANILLA HAZELNUT
MATCHA GREEN TEA
CHOCOLATE MONKEY
MOCHA OR VANILLA BEAN

● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ●
ADD ESPRESSO, SOY, .70
ALMOND MILK or OAT MILK
● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ●

PROTEIN SHAKES

20 OZ (28 G Protein)- \$5.95
Add Extra Shot of Protein- \$1.00

**BUTTERNUT SQUASH
MANGO VEGGIE**

CHOCOLATE PEANUT BUTTER

BLUEBERRY CRUMB MUFFIN

RASPBERRY VANILLA

ICED CHAI: SPICED OR VANILLA

SMOOTHIES

16 OZ - \$4.50 | 20 OZ - \$4.95

**BUTTERNUT SQUASH
MANGO VEGGIE**

STRAWBERRY

4 BERRY BLEND

Other Favorites

COLD BREW

16 OZ - \$3.25 | 20 OZ - \$3.75

Chocolate Oat Milk Cold Brew

16 OZ - \$3.65 | 20 OZ - \$4.00

Iced Toddy Cappuccino

16 OZ - \$3.50 | 20 OZ - \$3.95

Italian Soda

➡ WITH OR WITHOUT CREAM ◀

16 OZ - \$3.00 | 20 OZ - \$3.50

ICED TEAS

Blackberry Sage	16 OZ	\$2.15
Ginger Peach		
Acai Berry Green	20 OZ	\$2.55
Black		

HOT DRINKS

Latte

HOT
-OR-
ICED

12 OZ - \$3.95 | 16 OZ - \$4.55 | 20 OZ - \$4.95

Pumpkin Spice

Caramel Coffee Cake

Tiramisu Latte

Brown Sugar Cinnamon

White Chocolate Hazelnut
Mocha

Snickers Pie Mocha

Cappuccino or Latte

12 OZ - \$3.40 | 16 OZ - \$3.95 | 20 OZ - \$4.40

ASK ABOUT SUGAR FREE OPTIONS

ADD

ESPRESSO SHOT, BREVE,
SOY, ALMOND MILK
or OAT MILK

EXTRA
SYRUP .60

.70

PREMIUM DRIPS

BREW OF THE DAY

\$1.98 | \$2.25 | \$2.50

32 OZ FRENCH PRESS \$3.75

16 OZ POUR OVER \$2.95

Bottomless Mug \$4.25

AMERICANO

\$2.50 | \$3.00 | \$3.40

ASK

YOUR BARISTA

about our selection of

WHOLE BEAN COFFEE

Hot Favorites

	12 OZ	16 OZ	20 OZ
Fireside Chai Latte	\$3.45	\$4.10	\$4.50
Gourmet Hot Chocolate	\$2.95	\$3.65	\$3.95
Spiced or Vanilla Chai Tea Latte	\$3.25	\$3.85	\$4.30
London Fog (Cinnamon Tea & Butterscotch Earl Grey Tea & Vanilla)	\$3.30	\$3.90	\$4.35
Hot Tea	\$2.30	\$2.50	\$2.80
Turmeric Latte	\$3.45	\$4.10	\$4.50
Matcha Green Tea Latte	\$3.45	\$4.10	\$4.50
Spiced Apple Cider	\$2.95	\$3.65	\$3.95

BREAKFAST

SANDWICHES

SERVED ON HERB FOCCACIA
GLUTEN FREE OPTION \$1.45

Saucy CJ:

Roasted chicken, Bacon, Egg, Baby Swiss, Roasted Red Pepper Sauce

\$6.99

The Terminator:

Bacon, Sausage, Roasted Chicken, Baby Swiss, Egg, Aged Cheddar, Roasted Red Pepper Sauce

\$7.99

Run Forest Run:

Black Forest Ham, Aged Cheddar, Egg, Red Pepper

\$6.99

Apple Cinnamon Crunch:

Sliced Apples, Nutella, & Granola on Grilled Cinnamon Struesel Bread

\$6.99

Garden Grinder:

Grilled Red Pepper, Mushroom, Red Onion, Smoked Provolone, Egg, Spinach Artichoke Spread

\$6.99

The Staple:

Sausage, Egg, Aged Cheddar

\$6.99

SPECIALTIES

Quiche of the Day

By the slice - \$4.99 | Whole Pie to go - \$21.00

Homemade Cinnamon Bread GRILLED & TOPPED

Butter, Agave Nectar, Cinnamon & Sugar

-OR-

Almond Butter, Clover Honey & Himalayan Sea Salt

\$3.99 per slice

STAPLES

Bagel with Cream Cheese \$2.25

Earnest Eats Oatmeal \$2.99

Homemade Banana Chocolate

Chip Loaf \$2.65

Wheat toast with jelly \$1.99

LUNCH

»»» SERVED MONDAY - FRIDAY UNTIL 4PM | SATURDAY UNTIL 3PM «««

COLD CUTS

SERVED W/ KETTLE CHIPS

\$7.99

> **Homemade Chicken Salad**
served on a Croissant

> **Deli Chicken**

Spring Mix, Baby Swiss, Red Pepper,
Red Onion, Pesto Mayo on Wheat Bread

➔ ADD CHEESE | ADD BACON .95 ➔

SPECIALTIES

Quiche of the Day w/ Side Salad \$8.99

Soup of the Day w/ Grilled Bread \$6.99

Pick Two: Any 1/2 Sandwich \$9.95
Soup | Salad

{ADD GRILLED CHICKEN TO ANY SALAD \$.99}

BY THE POUND

Chicken Salad \$7.99 Lb

PANINI'S

HOT PRESSED & SERVED W/ KETTLE CHIPS
{Gluten Free Bread \$1.45}

\$8.99

> **Buffalo**

Grilled Chicken Breast, Aged Cheddar,
Buffalo Sauce

> **Spinach Artichoke**

Roasted Chicken, Smoked Provolone,
Spinach Artichoke Spread

> **The Big Cheese**

Baby Swiss, Aged Cheddar,
Smoked Provolone, Red Pepper Spread

> **Chicken Salad Melt**

Our Homemade Chicken Salad
with melted Aged Cheddar

> **Veggie**

Portabello Mushrooms, Red onion,
Red Pepper, Smoked Provolone,
Balsamic Pesto Mayo

> **Main St. Rancher**

Roasted Chicken, Bacon, Ranch,
Aged Cheddar, Spicy Mustard

> **Roasted Chicken**

Roasted Chicken, Bacon, Baby Swiss,
Blackberry Mayo

> **Cuban**

Roasted Chicken, Black Forest Ham,
Baby Swiss, Bread & Butter Pickles,
Red Pepper Mustard Spread

> **Granny Apple**

Grilled Chicken, Granny Smith Apple,
Aged Cheddar, Dijon Mustard

Salads

\$8.99

{ADD GRILLED CHICKEN TO ANY SALAD \$1.50}

> **Chop Chop**

Spring Mix, Deli Chicken,
Black Forest Ham, Black Olives,
Red Onion, Red Pepper,
Sweet Balsamic Vinaigrette

> **Harvest**

Spring Mix, Diced Apples, Pecans,
Cranberries, Blue Cheese Crumbles,
Red Wine Poppyseed Vinaigrette

> **Parmesan Pine**

Spring Mix, Pine Nuts, Craisins,
Shaved Parmesan, Champagne
Shallot Vinaigrette

Kids Menu

\$4.50

Peanut Butter & Jelly
Ham & Cheddar
Grilled Cheese
Deli Chicken and Swiss

Served w/ Kettle Chips & a Juice Box